

n° circuit	CATEGORIES	DIST	Dénivelé	Postes	Echelle	Temps du Vainqueur
A	H21	10180	550m+	18	10000	80'
B	H20 H35	8020	410 m+	16	10000	70'
C	D21 H45	8140	400 m+	15	10000	80'
C Bis	D20 H50	7040	390 m+	12	10000	70'
D	H18 H40	7840	355 m+	15	10000	60'
E	D18 D 35 H55	5820	255m+	12	10000	55'
F	D40 D45	4740	245 m+	13	10000	55'
G	D50 D55 H60 H65	4120	235 m+	11	10000	45'
H	D60 D65 D70 H70 D80 H75 H80	3220	105 m+	10	7500	40'
I	H16	6290	355m+	14	10000	55'
K	D16	4870	270 m+	12	10000	45'
L	H14	4620	175 m+	11	10000	40'
Lbis	D14	4060	145 m+	10	10000	35'
M	D12 H12	3690	95 m+	13	7500	30'
VERT	D10 H10	2820	95m+	10	5000	20'
Jalonné		2760	95 m+	10	5000	20'
OPEN	VIOLET LONG	7040	390 m+	12	10000	70'
OPEN	VIOLET COURT	4740	245 m+	13	10000	55'
OPEN	ORANGE	6290	355m+	14	10000	55'
OPEN	JAUNE	4620	175 m+	11	10000	40'
OPEN	BLEU	3690	95 m+	13	7500	30'